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Cheap Vegan: Learn How To Cook Amazing Low-Budget Vegan Recipes That Only Cost A Few \$\$\$ A Day (vegan Recipes In 30 Minutes) (vegan Recipes Cookbook Book 1)



Synopsis

Cheap Vegan Recipes - Cos' "Vegan" Doesn't Mean "Expensive" Discover 35 Cheap Vegan Recipes To (not) die for! I created this book for all you vegans out there, to show that you could be living a very healthy life without having to spend thousands of dollars each month on groceries, by utilizing cheap vegn ingredients. That's attainable! Veganism is a sort of veggie lover consume less calories that avoids meat, eggs, dairy items and all other creature determined fixings. Numerous veggie lovers additionally don't eat nourishments that are handled utilizing creature items, for example, refined white sugar and some wines. Vegetarian alludes to either a man who tails along these lines of eating, or to the eating regimen itself. Low cost vegan recipes are desired by most of the people. So this book is written according to low budget of people.

5 Reasons To Buy This Book: Make Delicious but cheap vegan recipes! Lose Weight! Enjoy The Coolest Recipes! Live Longer! Keep The Animals, save the planet etc Here Are Some Of The Recipes You'll Learn:

1. Delicious Meatballs
2. Delicious Avocado Cream Pasta
3. Healthy Vegan Chicken Salad
4. Amazing Vegan Breakfast Sandwich
5. Delicious Mexican Noodle Soup
6. Delicious Veggie Naan
7. Lemon Veggie Recipe
8. Delicious Tofu Scramble
9. Smashed Chickpea and Avocado Salad Sandwich
10. Amazing Kale Caesar Salad
11. Delicious Curried Rice and Lentils
12. Healthy Lentil-Vegetable Soup
13. Healthy Vegan Fry Noodles
14. Delicious Curry Roasted Cauliflower
15. Delicious Curry Chick Peas
16. Healthy Parsley Salad with Almonds and Apricots
17. Amazing BLACK BEAN with Avocados
18. Grilled Vegan Pizza
19. Amazing Kidney bean curry
20. Healthy Garlic, Lemon Thyme Poached Potatoes
21. Healthy Spinach, Sweet Potato and Lentils
22. Tomato and Mushroom Hotcakes
23. One-Pot Healthy Mushroom Potato Curry
24. Mixed Greens Balsamic Vinaigrette
25. Amazing Chunky chips
26. Cheesy Tofu Scramble
27. Amazing Hummus and Greens Wraps
28. Amazing Vegan Quesadillas
29. Wonderful Cilantro-Pepita Pesto with Squash Ribbons and Fettuccine
30. Healthy Black Bean Burgers
31. Healthy Cauliflower-Carrot Casserole
32. Healthy Chickpeas with Broccoli and Parmesan
33. Healthy Refried Bean Tostadas
34. Healthy Orzo with Spinach and Red Peppers
35. Healthy Three-Bean Chili with Spring Pesto

OK.... You Can Tell That This is a "no brainer"... You get value for little money here, don't you agree? | Download Your Copy Now | Let's Make A Deal: If You Think This Is For You, Then Download Your Copy Now (Before The Price Goes Up)! See you on the other side my friend :)

tags: cheap vegan, simple vegan, simple vegan cookbook, low budget vegan, vegan recipes on the go, vegan recipes in 30 minutes, vegan recipes cookbook

Book Information

File Size: 1624 KB

Print Length: 65 pages

Simultaneous Device Usage: Unlimited

Publication Date: May 21, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01G0NC4RM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #109,388 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #89

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Great book thank you so much

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